



THE STORY

We started with Karen Wolowick on the annual Summer Social Sale. She was initially attracted to us because we weren't afraid to break the mold and our commitment to providing valuable content as opposed to just noise.

As Dr. Wolowick's marketing needs changed we since stopped the social media work but we ready to resume at any time and still speak with Karen several times a year.



CLIENT FEEDBACK

“Christi completely revamped and improved the social media for my business. I got great feedback on her awesome posts. You can trust her to do a great job which makes running a business so much easier.”





Dr. Wolowick has over 15 years of gynecological experience, has delivered more than 2,000 babies, and is a full-blown expert in all things women's health!

She is committed to connecting with her patients and helping empower them with the knowledge, treatment options, and advice to help them become their holistically healthy selves!



"Dr Wolowick is kind, caring, compassionate and knowledgeable! 10 out of 10 recommendations!!"

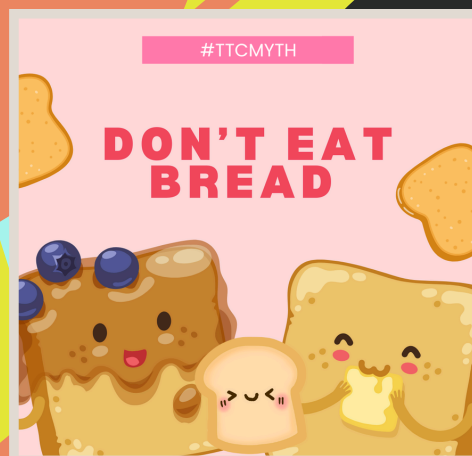
~Andrea

Did you know Dr. Wolowick played field hockey?

It's true! She was pretty good too! She was both a team captain and an All-American her junior year of college!



And this is all made all the more impressive by the fact she did it all in a skirt!



#funfact your diet does not affect fertility beyond the standard advice of eating a well balanced diet and being in good enough health to carry a baby to term. Go go ahead and eat that cornbread it won't hurt your after dinner plans!



It is a common misconception that #pcos only affects overweight women.

While many women with pcos become overweight (often as a symptom of the condition) it can and does affect each women differently.

If you think you may have pcos proper diagnosis using an ultrasound and bloodwork is required to know for sure. While there can be a complex relationship between PCOS and

weight the key indicator of PCOS is missing or skipped periods.



October is Breast Cancer Awareness Month and it is an issue that affects far too many women and men not only in this country but in the world!

So here are some practical and impactful tips you can employ this month to help honor breast cancer awareness month!



#funfact The vagina is 100% self-cleaning.

It's really an Ovary-Achiever!

The struggle is real when your fumbling through your Wednesday with a #yeastinfection! 😞

How's a girl to get anything done!?

#protip: try wearing loose fitting clothing (especially underwear) until it clears up. Raising the body temperature too much down there can help encourage bacteria yeast growth thus extending the life of infection.

Bonus points for sleeping commando!

